

# Private Sessions 2025

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## Private Sessions

The stories of a thousand lives have sounded in Oona's ears and heart. In the Shamanic traditions anything and everything is within the boundaries of healing. Here are just a few examples of what you might be looking for. Many Sessions offered can easily be done Online. Connect with me and we can discuss which session is best for you.

### HEALING SESSIONS - 150 EUR

- **Guidance in times of trouble**  
Sometimes all we need is a bit of guidance here or there in times of trouble, whether it is about relationships, health, or anything else under the sky.
- **Emotional Re-Alignment**  
Stored or confused emotions become realigned through changing concepts, hands-on healing techniques and/or emotional clearings. Oona Soleil has done emotional work with hundreds of people. You will receive an excellent and accurate reprogramming session.
- **Hands-on Healing - Frequency Treatment**  
This is a gentle and relaxing treatment that works on your subtle energy fields and over time filters into your reality.
- **Shamanic Healing Session - Into the Unknown**  
You don't have a specific idea of a session and are open for whatever may come. You are welcome to present a problem or issue if you wish. What happens next, no one knows.

### HUMAN DESIGN - 150 EUR

- **Choices & Goals - Perfection of Life**  
Strategies for Success in life by finding out who you truly are based on your Human Design. This session enables you to see and recognise the Goodness in you. Please come with your date, time and place of birth. This is not an astrology reading but your personal and precise manual on how to make the best decisions in your life.

- **Navigating Relationships**

A Human Design reading looking at relationships between people in marriages, partnerships, family, or businesses.

Please come with the date, time and place of birth of the people concerned. This is not an astrology reading, but a personal and precise manual on how the energy flows between individuals.

RELEASE & CLEARANCE - 150 EUR

- **Boogie Busting - Clearing your Body, Mind and Soul**

Most people have attachments without realising it. Some people even are under spells or curses. Releasing them can induce a significant change and feeling of freedom.

This method of clearing people and houses stems from the heart of Africa and is highly effective and sometimes dramatic.

HYPNOSIS - 220 EUR

- **Addiction Release**

Addictions keep us from being pure and in integrity. Whether it is socially accepted addictions like sugar, alcohol, coffee, TV, smoking, and recreational drugs, or heavier addictions and abuse of substances, such as medical drugs, abuse, co-dependency, or sex, - they all are unhealthy for your brain and a form of self-sabotage. RTT Hypnosis is known to be quick, easy and permanent.

NRT - 220 EUR

- **Stress & Trauma Release - Neuro Reset Technique**

Traumas cause stress to our nervous system and our mind and body go into defence mode. We defend ourselves most often by our nervous system shutting down and parts of us being numb, paralysed or disassociated (organs, muscles, immune-system, metabolic system, voice), or by going into hyper-activity and overdrive. NRT is a hidden gem when it comes to healing the many defence techniques we have developed to cope with life.

LIGHTLANGUAGE - 150 EUR

- **Lightlanguage of the Mayans in your Energy field**

Lightlanguage is a subtle sacred Geometry that flows in to your Aura. This stabilises the field and can align you with your desires.